

Contractor's 5K Trail Race
 Presented by AGC Maine's Emerging Contractors Group
 Gorham, Maine Friday August 9, 2019
 Shaw Cherry Hill Farm behind Sebago Brewing Company
 Proceeds to benefit Westbrook & Gorham Career Technical Education Program
 Timing, Registration, & Finish Line Management by Run In A Race, LLC
 question@RunInARace.com 207-232-8394 RunInARace.com

5K Overall Results

Place	Bib #	Name	Finish	Pace	Gender	Company
1	70	Connor Callahan	18:19.94	5:55	M	
2	212	Scott Jason	18:26.77	5:57	M	Cianbro
3	94	Cameron Kauffman	18:55.78	6:06	M	
4	210	Alec Young	18:57.50	6:07	M	
5	69	Heather Cable	19:11.29	6:11	F	Hannaford
6	207	Jason Hilton	20:10.80	6:30	M	
7	194	Nate Smith	20:18.41	6:33	M	Great Falls Constr
8	135	Doug Moore	21:28.05	6:55	M	Crooker Constructi
9	187	Kate Ryan	21:50.73	7:03	F	
10	202	Kristina Sabastean	22:18.30	7:12	F	
11	201	Brenda Caouette	22:18.32	7:12	F	
12	72	Rob Callahan	22:27.68	7:15	M	
13	91	Brian Hubbard	22:46.90	7:21	M	Hews Company
14	188	Sean Ryan	23:01.78	7:25	M	
15	92	Alyssa Hulst	23:18.33	7:31	F	Great Falls Constr
16	100	Roger Leblanc	24:01.54	7:45	M	Landry/French Cons
17	203	Andrew Kinslow	24:20.74	7:51	M	Self Employed
18	190	Dave Sheldrick	24:32.76	7:55	M	Berkley Surety
19	205	Matthew Gordon	24:40.98	7:57	M	
20	147	Daniel Norwood	26:15.57	8:28	M	
21	62	Lucille Benedict	26:18.95	8:29	F	
22	61	Lucas Benedict	26:19.00	8:29	M	
23	58	Vincent Aceto	26:33.13	8:34	M	
24	77	Mitch Elliott	26:45.24	8:38	M	Shaw Brothers
25	208	Tiffany Gillespie	27:08.27	8:45	F	Sebago Brewery
26	209	Julie Taff	27:21.61	8:49	F	
27	75	Ann-Marie Dionne	27:40.77	8:55	F	
28	90	Scott Hilton	27:43.67	8:56	M	Disability RMS
29	206	Dale Rines	28:28.47	9:11	M	
30	200	Scott Hine	28:50.28	9:18	M	Salmon Falls Nurse
31	146	Peter Moulton	28:59.91	9:21	M	Pike Industries
32	71	Debbie Callahan	29:19.41	9:27	F	Great Falls Constr
33	196	Pat Sughrue	29:21.96	9:28	M	Cianbro
34	73	Patrick Curran	29:22.87	9:28	M	Great Falls Constr
35	65	Parker Brown	29:28.37	9:30	M	Shaw Brothers
36	80	Adam Foster	29:31.42	9:31	M	Crooker Constructi
37	79	April Forristall	29:51.85	9:38	F	
38	87	Alex Hardy	30:03.08	9:42	M	Sargent Corporatio
39	197	Andrea Tibbetts	30:12.56	9:45	F	Hews Company
40	66	Katie Burnham	30:33.43	9:51	F	Albin
41	59	Sarah Balaban-Garber	30:33.56	9:51	F	Albin
42	64	Eric Blackmore	30:43.95	9:55	M	
43	195	Adam St. Michel	31:03.49	10:01	M	Shaw Brothers
44	199	Kassie Wilson	31:15.05	10:05	F	Great Falls Constr
45	97	RJ Kuni	32:27.67	10:28	M	Shaw Brothers
46	204	Mike Tanguay	33:11.44	10:42	M	Berkley Surety
47	183	Barbara Quinn-Gagnon	35:49.37	11:33	F	Gorham/Westbrook C

48	83	Todd Gagnon	35:49.75	11:33	M	Gorham/Westbrook C
49	193	Jon Smith	35:53.59	11:35	M	Great Falls Constr
50	89	Cindy Hilton	35:57.45	11:36	F	Disability RMS
51	68	Brian Cable	38:39.92	12:28	M	Hannaford
52	150	Shawn Plante	38:49.66	12:31	M	
53	67	John Burrell	38:58.18	12:34	M	Landry/French Cons
54	106	Todd McKee	39:13.00	12:39	M	Bulldog Aerials
55	211	Courtney Smith	39:14.46	12:39	F	GFC
56	82	Margaret Gaertner	39:28.07	12:44	F	
57	186	Cheri Roy	39:43.76	12:49	F	
58	78	Jerry Farina	41:02.64	13:14	M	Great Falls Constr
59	198	Kylee Turcotte	41:52.67	13:30	F	Crooker Constructi
60	185	Brianna Roy	41:53.06	13:31	F	Shaw Brothers
61	88	Ted Haskell	45:19.06	14:37	M	McGee Construction
62	95	Julianna Kauffman	46:08.96	14:53	F	
63	99	Denis Landry	50:11.92	16:11	M	Landry/French Cons
64	60	Cathy Beliveau	50:12.33	16:12	F	Landry/French Cons
65	96	Shannon Kauffman	54:05.39	17:27	F	
66	84	Robert Gerrish	54:05.61	17:27	M	
67	63	Branielle Bergeron	55:10.57	17:48	F	Crooker Constructi
68	93	Karen James	56:57.42	18:22	F	Great Falls Constr
69	85	Woody Gerrish	59:02.60	19:03	M	
70	189	David Sargent	1:01:32.13	19:51	M	Northeast Paving
71	98	Lisa Lamontagne	1:01:33.01	19:51	F	Northeast Paving