

10th Annual Bow Street Market Tortoise & Hare 5K
 Freeport, Maine Saturday, April 27, 2019
 Proceeds to benefit The Freeport Running Boosters
 Timing, Registration, & Finish Line Management by Run In A Race, LLC
 question@RunInARace.com 207-232-8394 RunInARace.com

5K Overall Results

Tortoise's are minutes and seconds of finish times slower than predicted time.

Hare's are minutes and seconds of finish times faster than predicted time.

Place	Bib #	Name	Finish	Pace	Predicted	Hare	Tortoise	Age	City
1	643	Ron Peck	18:52.42	6:05	9:18:45.00		0:07.42	43	Waterville
2	636	Rusty Lamer	19:20.43	6:14	9:19:00.00		0:20.43	46	South Portland
3	448	Nick Mitch	20:21.61	6:34	9:36:00.00	15:38.38		18	Freeport
4	645	David Poppel	21:19.34	6:53	9:20:30.00		0:49.34	54	Burlington CT
5	468	Paul Biberstein	22:35.66	7:17	9:20:00.00		2:35.66	18	Freeport
6	647	Matt Greear	22:40.19	7:19	9:22:30.00		0:10.19	37	Durham
7	260	Scott Lamer	22:45.07	7:20	9:23:00.00	0:14.92		39	Falmouth
8	270	Ian Smith	23:04.67	7:26	9:24:00.00	0:55.32		12	Freeport
9	641	Jack Caiazzo	23:07.56	7:27	9:26:00.00	2:52.43		12	Cumberland
10	267	Trevor Seaman	23:17.56	7:31	9:15:00.00		8:17.56	35	Freeport
11	646	David Cockburn	24:07.48	7:47	9:24:35.00	0:27.51		46	Durham
12	640	Katie Caiazzo	24:14.46	7:49	9:23:00.00		1:14.46	32	Cumberland
13	265	Julie Millard	24:36.20	7:56	9:25:30.00	0:53.79		55	Waterville
14	264	Bob MacKinnon	24:50.97	8:01	9:24:07.00		0:43.97	64	Yarmouth
15	271	Emily Wagner	24:52.69	8:01	9:23:00.00		1:52.69	32	Waterville
16	634	Pat Horne	25:30.61	8:14	9:23:30.00		2:00.61	62	Pownal
17	632	Benjamin Ma	25:40.92	8:17	9:24:50.00		0:50.92	42	Freeport
18	635	Thomas Gregoire	26:18.14	8:29	9:26:34.00	0:15.85		15	Durham
19	642	Oliver Harvey	26:18.17	8:29	9:24:00.00		2:18.17	14	Durham
20	439	Scott Samuelson	26:45.37	8:38	9:28:37.00	1:51.62		61	Freeport
21	96	Joanne Cole	26:51.00	8:40	9:27:30.00	0:38.99		63	New Gloucester
22	262	William Larkins	27:59.49	9:02	9:30:30.00	2:30.50		24	Freeport
23	253	Pat Hill	27:59.72	9:02	9:27:00.00		0:59.72	41	Brunswick
24	261	Nelson Larkins	28:09.00	9:05	9:25:00.00		3:09.00	58	Freeport
25	254	Mark House	28:45.25	9:16	9:25:00.00		3:45.25	39	Freeport
26	83	Kathryn Biberstein	28:53.02	9:19	9:25:30.00		3:23.02	60	Freeport
27	648	Stephanie MacIsaac	29:24.60	9:29	9:31:10.00	1:45.40		26	Portland
28	268	Kate Smith	30:38.47	9:53	9:34:00.00	3:21.52		42	Freeport
29	255	Ryan Jones	30:39.18	9:53	9:23:00.00		7:39.18	27	Scarborough
30	269	Corey Smith	30:40.04	9:54	9:36:00.00	5:19.95		41	Freeport
31	638	Stacy Howarth	33:06.30	10:41	9:24:43.00		8:23.30	39	Durham
32	639	Ryan Runner	33:12.65	10:43	9:24:43.00		8:29.65	13	Durham

33	156	Amy Douglass	34:25.95	11:06	9:33:15.00		1:10.95	47	Scarborough
34	95	Ron Chase	34:28.92	11:07	9:33:00.00		1:28.92	78	Durham
35	257	Lyle Jones	34:57.73	11:16	9:34:40.00		0:17.73	54	Munford TN
36	273	Kristin White	36:07.71	11:39	9:36:00.00		0:07.71	32	Portland
37	644	Evelyn Poppel	36:32.88	11:47	9:35:00.00		1:32.88	51	Burlington CT
38	256	Julie Jones	36:55.39	11:55	9:35:10.00		1:45.39	51	Munford TN
39	211	Maxine Guay	37:06.32	11:58	9:25:00.00		12:06.32	42	Freeport
40	259	Heather Kelley	37:35.60	12:07	9:33:12.00		4:23.60	27	Rockport
41	633	Lyndsay Vachon	39:02.58	12:35	9:37:32.00		1:30.58	39	Minot
42	100	John Cole	41:00.41	13:14	9:40:00.00		1:00.41	77	New Gloucester
43	143	Wanda Daniele	41:03.73	13:15	9:28:53.00		12:10.73	62	Freeport
44	207	Shannon Garrity	41:04.04	13:15	9:43:58.00	2:53.95		47	Freeport
45	637	Paul McFarland	42:33.27	13:44	9:44:45.00	2:11.72		75	Lincolnville
46	206	Amber Duguay	45:21.25	14:38	9:48:00.00	2:38.74		30	Yarmouth
47	252	Monique Hewling	49:48.79	16:04	9:47:00.00		2:48.79	49	Jefferson City
48	272	Donna Wampole	52:14.31	16:51	9:48:12.00		4:02.31	41	Portland