

9th Annual Bow Street Market Tortoise & Hare 5K  
 Freeport, Maine Sunday, April 8, 2018  
 Proceeds to benefit The Freeport Running Boosters  
 Timing, Registration, & Finish Line Management by Run In A Race, LLC  
 question@RunInARace.com 207-232-8394 RunInARace.com

5K Age Group Results

Tortoise's are minutes and seconds of finish times slower than predicted time.

Hare's are minutes and seconds of finish times faster than predicted time.

Top Female Overall

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	49	Lily Horne	20:13.04	6:31		2:46.95	17	Pownal

5K Top Males Overall based on Gun Elapsed time

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	56	Sam Kapala	18:48.45	6:04	0:48.45		31	Freeport

Female 12 and Under

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	23	Mia Hornschild-Bear	27:45.41	8:57		3:14.58	12	Freeport

Female 13 - 18

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	6	Maya Bradbury	22:01.75	7:06		1:43.24	18	Freeport
2	40	Grace Zachau	24:32.48	7:55		0:27.51	17	Freeport
3	15	Aynslie Decker	28:11.10	9:05	0:11.10		14	Durham
4	37	Grace Schnyder	31:33.78	10:11	1:32.78		17	Freeport

Female 19 - 29

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	35	Marie Whitney	22:15.94	7:11	0:15.94		25	Saco
2	29	Emma Ondieki	28:32.20	9:12		1:27.79	27	Scottsdale

Female 30 - 39

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	55	Christina Kapala	24:26.90	7:53		0:03.09	32	Freeport

2	30	Jennifer Soda	26:07.75	8:25		0:22.24	36	Rockport
3	4	Elizabeth Berry	30:12.28	9:45	1:12.28		33	Portland
4	12	Felicity Colangelo	30:12.84	9:45	1:44.84		37	Portland
5	36	Rindi Yerxa	35:52.99	11:34	0:52.99		38	New Gloucester
6	31	Rachie St Hilaire	46:30.47	15:00	6:30.47		36	New Gloucester

Female 40 - 49

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	63	Sheila Towne	23:39.79	7:38	0:19.79		48	Freeport
2	62	Karin VanNostrand	28:27.23	9:11	0:22.23		45	Freeport
3	1	Lize Apine	29:39.35	9:34	4:39.35		42	Freeport
4	64	Judy Keish	29:47.18	9:36		2:12.81	41	Freeport
5	13	Nancy Decker	31:08.05	10:03	1:08.05		48	Durham
6	60	Paula Saabye	31:32.38	10:10		3:27.61	49	Falmouth
7	67	Melissa Hagar	31:41.07	10:13	1:41.07		41	Freeport
8	34	Jade Weiss	34:56.18	11:16		0:03.81	49	Saco
9	9	Amy Burttt	41:00.00	13:14	15:00.00		44	Pownal
10	46	Eric Skolnekovich	42:17.77	13:38	2:37.77		41	Freeport

Female 50 - 59

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	51	Bryn Doiron	23:53.17	7:42	0:18.17		56	Wilton
2	48	Angela King-Horne	26:56.42	8:41		2:03.57	55	Pownal
3	45	Amanda Russell	32:02.09	10:20	2:32.09		59	Edgecomb
4	58	Debbie Avasthi	36:09.35	11:40	4:09.35		54	Durham
5	43	Terry Nelson	41:03.89	13:15		0:56.10	51	South Thomaston
6	32	Sue Thompson	42:17.17	13:38		5:42.82	51	Brunswick
7	42	Heather Zachau	48:48.83	15:45		3:11.16	50	Freeport

Female 60 - 69

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	28	Lesley McMillan	42:17.01	13:38	4:17.01		63	Topsham
2	33	Suzanne Watson	48:45.65	15:44			69	Freeport

Female 70 and above

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	3	49 Benham	38:10.41	12:19	1:40.41		71	Freeport

Male 12 and Under

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
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1	50	Cooper Schnyder	31:34.53	10:11	1:34.53		9	Freeport
2	69	Aiden Hagar	32:00.00	10:19		7:00.00	12	Freeport
3	70	Jakobi Hagar	43:46.13	14:07	6:46.13		8	Freeport

Male 13 - 18

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	71	Tom Doyle	20:14.94	6:32		0:45.05	18	Freeport
2	38	Samuel Robinson	21:44.88	7:01	1:03.88		13	Freeport
3	14	Eric Decker	28:11.59	9:05	4:11.59		16	Durham
4	59	Matt Saabye	29:15.39	9:26	4:25.39		15	Falmouth
5	7	Chase Bradbury	30:13.05	9:45	4:43.05		14	Freeport
6	54	Will Saabye	31:31.21	10:10	6:01.21		15	Falmouth
7	5	Tucker Bonney	34:47.62	11:13		0:12.37	13	Saco

Male 19 - 29

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	24	William Larkins	26:37.38	8:35		0:37.61	23	Freeport

Male 30 - 39

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	52	Jonathan Chaffee	21:48.35	7:02		0:11.64	36	Brunswick
2	65	Matt Greear	23:17.37	7:31	1:47.37		36	Durham
3	68	Justin Hagar	43:51.02	14:09	4:51.02		36	Freeport

Male 40 - 49

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	17	Steven Dubois	21:37.86	6:58	0:18.86		45	Lisbon Falls
2	10	Bill Burttt	24:32.67	7:55	2:32.67		44	Pownal
3	22	Robert Hornschild-Be	27:46.89	8:57		3:13.10	45	Freeport
4	66	Pat Hill	28:48.17	9:17	2:48.17		40	Brunswick

Male 50 - 59

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	53	Greg Greuel	24:31.67	7:55	0:45.67		51	Freeport
2	16	Jeff Deletetsky	26:03.66	8:24	2:05.66		59	Phippsburg
3	25	Nelson Larkins	26:22.30	8:30	2:02.30		57	Freeport
4	21	Phillip Gotts	26:55.64	8:41	0:55.64		52	South Portland
5	41	Jeff Zachau	29:14.70	9:26	0:14.70		50	Freeport
6	11	Richard Caron	31:16.54	10:05		1:43.45	54	Brunswick
7	57	Henry Center	32:56.74	10:37	0:41.74		55	Freeport

## Male 60 - 69

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	26	Robert MacKinnon	25:55.49	8:22	0:20.49		63	Yarmouth
2	72	David Gould	28:17.71	9:07	0:17.71		66	Jay
3	39	Dale Rines	28:27.60	9:11	2:05.60		65	Gorham
4	2	Charles Baird	31:42.97	10:14	1:42.97		66	South Portland
5	61	Bill Vickerson	39:13.21	12:39		0:51.78	66	Scarborough

## Male 70 and above

Place	Bib #	Name	Finish	Pace	Tortoise	Hare	Age	City
1	44	Paul McFarland	41:40.64	13:26	0:10.64		73	Lincolntonville
2	8	Mike Brooks	46:08.33	14:53		3:51.66	72	Lewiston