

Class of 2016 Windham High School Project Grad Committee

Presents

PROJECT 5K FUN RUN/WALK



Sunday, May 1, 2016

9:00 am Start

Race Location: Maine Mountain Division Trail, Gambo Road, Windham ME 04062

Course Description: Located at the Gambo Road soccer fields, the course travels along the Maine Mountain Division Trail, on a paved path through the woods with scenic river views.

runners, walkers, and families with strollers welcome for this community event

Proceeds: Benefit Windham High School Project Graduation 2016

Registration: \$15 plus \$2.75 online pre-registration fee / \$20 cash only on race day.

Pre-register online at www.RunInARace.com/project5k/index.html by Friday, April 29th.

Race day registration and bib pick up starts at 7:00am.

Post race refreshments will be provided and awards for the top three male and female finishers

Contact: Michelle Preston at meesh.preston@gmail.com

-----detach here -----

PROJECT 5K FUN RUN ENTRY FORM 5/1/2016 PLEASE PRINT LEGIBLY

Name _____ Sex _____ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ Date _____

Parent or Guardian if under 18 _____

Fun run/walk will proceed rain or shine. No refunds will be issued for any reason