

- When: **Sunday, October 1, 2023**
 - 8:00am - Registration/Check-In opens
 - 10:00am - Kid's Fun Run starts
 - Fun Run will not be individually timed.
 - 10:30am - 5K Race starts
 - Walkers are also welcomed, same start time!

- Location: Flight Deck Brewing at Brunswick Landing
 - Address:
 - Flight Deck Brewing
 - 11 Atlantic Ave.
 - Brunswick, ME 04011

- Parking: Signs & volunteers will assist on site

Entry Fees:

- Online Registration - \$35.00 plus \$2.75 registration fee
 - **Online Registration closes Thursday, September 28, 2023 at noon**

- Day of Race Registration - \$40.00

- Team Registration - \$120.00 plus
 - One Team includes 4 runners/walkers

Individual Sign-up:

Name: _____ City/State: _____

Male/Female: _____ Age on Race Day: _____

Email: _____

T-Shire Size (Adult size only)

- Small _____
- Medium _____
- Large _____
- Xtra-Large _____
- 2 XL _____

Team Sign-up:

Name: _____ City/State: _____

Male/Female: _____ Age on Race Day: _____

Email: _____

T-Shire Size (Adult size only)

- Small _____
- Medium _____
- Large _____
- Xtra-Large _____
- 2 XL _____

Name: _____

City/State: _____

Male/Female: _____

Age on Race Day: _____

Email: _____

T-Shire Size (Adult size only)

- Small _____
- Medium _____
- Large _____
- Xtra-Large _____
- 2 XL _____

Name: _____

City/State: _____

Male/Female: _____

Age on Race Day: _____

Email: _____

T-Shire Size (Adult size only)

- Small _____
- Medium _____
- Large _____
- Xtra-Large _____
- 2 XL _____

Name: _____

City/State: _____

Male/Female: _____

Age on Race Day: _____

Email: _____

T-Shire Size (Adult size only)

- Small _____
- Medium _____
- Large _____
- Xtra-Large _____
- 2 XL _____

Mail-In Registrations:

- Payable to: Run In A Race
- Address:
Run in A Race

PO Box 144
Freeport, ME 043032

Race Disclaimer - Please Review and Sign:

- I understand that running a road race is a potentially hazardous activity. I further understand that I should not enter the road race unless I am medically able and properly trained.
- I agree to abide by any decision of a Race Official relative to my ability to safely complete the run.
- I agree that all decisions regarding this race are final and at the sole discretion of race staff.
- I assume all risks associated with running the event for myself and/or my child(ren) or of a child(ren) attending this event that is in my care; including but not limited to contact with other participants, the effects of weather (including high heat or humidity), traffic, and conditions of the course, all such risks being understood and appreciated by me.
- I agree that my photo or likeness or that of my child(ren), or child(ren) in my care, may be used in Big Brothers Big Sisters of Bath/Brunswick marketing materials following the event including, but not limited to electronic formats such as the BBBS website and social media and/or in print advertising.
- I will assume liability for any physical damages, legal actions, and/or loss of reputation or business opportunities that the Midcoast Regional Redevelopment Authority may incur as a consequence of my own actions or those of the child(ren) attending this event in my care.
- Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Big Brothers Big Sisters of Bath Brunswick, Flight Deck Brewing, Run In A Race, LLC, the Town of Brunswick, all race volunteers, all race sponsors, their representatives and successors from any claims or liabilities or causes of action of any kind arising out of my participation in this event.
- Signing up for this race online serves as an agreement to the above for myself, the child(ren) in my care, and for those who are a part of our Team the day of the race.

Signature: _____

Date: _____