

Cape Challenge 5K & Mile
Cape Elizabeth, Maine Sunday, June 2, 2019
Proceeds to benefit

CE High School, Middle School and Pond Cove Parents Associations
Timing, Registration, & Finish Line Management by Run In A Race, LLC
question@RunInARace.com 207-232-8394 RunInARace.com

5K Age Group Results

5K Top Female Overall

Place	Bib #	Name	Finish	Pace	Age	City
1	451	Amanda Nurse	17:57.84	5:47	32	Brookline MA

5K Top Male Overall

Place	Bib #	Name	Finish	Pace	Age	City
1	305	Jack Bassett	17:01.69	5:29	17	Cape Elizabeth

Female 6 and Under

Place	Bib #	Name	Finish	Pace	Age	City
1	500	Eliza Kleeman	35:04.45	11:19	6	Cape Elizabeth

Male 7 - 8

Place	Bib #	Name	Finish	Pace	Age	City
1	331	Maxwell Dawes	25:38.37	8:16	7	Cape Elizabeth
2	414	Max Tullmann	33:18.37	10:45	8	Cape Elizabeth
3	436	Robbie Servidio	34:39.12	11:11	7	Cape Elizabeth

Female 7 - 8

Place	Bib #	Name	Finish	Pace	Age	City
1	316	Anna Chang	28:47.59	9:17	7	Cape Elizabeth
2	406	Emerson Soch	29:02.10	9:22	7	Cape Elizabeth
3	498	Avery Kleeman	30:41.18	9:54	8	Cape Elizabeth
4	426	Tina Johnson	31:28.17	10:09	8	Cape Elizabeth
5	351	Eloise Hackett	33:51.21	10:55	8	Cape Elizabeth
6	442	Sadie Raffaele	34:04.12	10:59	8	Cape Elizabeth
7	337	Hailey Fallon	34:51.91	11:15	8	Cape Elizabeth

Male 9 - 10

Place	Bib #	Name	Finish	Pace	Age	City
1	301	Max Backman	23:09.43	7:28	10	Cape Elizabeth
2	364	Michael Leen	23:37.99	7:37	10	Cape Elizabeth
3	381	Aidan Morris	23:39.26	7:38	10	Cape Elizabeth
4	461	Miles Vettoie	25:30.73	8:14	10	Cape Elizabeth
5	349	Brody Gutner	25:35.87	8:15	9	Cape Elizabeth
6	341	Scotty Fredericks	26:43.36	8:37	9	Cape Elizabeth
7	385	Elliot Northup	26:58.58	8:42	10	Cape Elizabeth
8	317	Jonah Chang	28:42.79	9:15	10	Cape Elizabeth
9	346	Tobey Fremont	31:31.64	10:10	10	Cape Elizabeth
10	401	ChowdhuryAyush Samal	41:41.15	13:27	10	Cape Elizabeth

Female 9 - 10

Place	Bib #	Name	Finish	Pace	Age	City
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1	457	Ella Flick	26:18.44	8:29	9	Cape Elizabeth
2	365	Alexandra Leopold	29:14.47	9:26	9	Cape Elizabeth
3	377	Shyla McVeigh	30:21.57	9:47	10	Cape Elizabeth
4	330	Maisyn Dawes	30:21.82	9:47	9	Cape Elizabeth
5	350	Lila Gutner	30:24.09	9:48	9	Cape Elizabeth
6	343	Cece Fremont	31:57.63	10:18	10	Cape Elizabeth
7	499	Luca Kleeman	32:12.58	10:23	10	Cape Elizabeth
8	444	Abigail Proctor	34:52.11	11:15	9	Cape Elizabeth

Male 11 - 12

Place	Bib #	Name	Finish	Pace	Age	City
1	445	David Steinbrick	20:34.51	6:38	12	Cape Elizabeth
2	427	Ian Frost	21:24.69	6:54	11	Cape Elizabeth
3	383	Finn Morris	21:46.75	7:01	12	Cape Elizabeth
4	376	Logan McVeigh	25:08.06	8:06	12	Cape Elizabeth
5	393	Graham Plourde	25:33.25	8:15	11	Cape Elizabeth
6	430	Leo Matzkin	29:01.61	9:22	11	Cape Elizabeth
7	399	Zack Sahlin	40:12.83	12:58	11	Cape Elizabeth

Female 11 - 12

Place	Bib #	Name	Finish	Pace	Age	City
1	496	Gillian Louch	24:56.83	8:03	11	Cape Elizabeth
2	388	Avery Palmore	25:50.17	8:20	11	Cape Elizabeth
3	369	MeiLan Martinez	29:11.62	9:25	11	Cape Elizabeth
4	397	Isabelle Reeves	29:57.22	9:40	12	Cape Elizabeth
5	481	Kaity Woods	43:47.40	14:07	12	Cape Elizabeth

Male 13 - 14

Place	Bib #	Name	Finish	Pace	Age	City
1	372	Cormac McKenney	20:50.63	6:43	13	Cape Elizabeth
2	486	Nick Laughlin	22:53.58	7:23	14	Cape Elizabeth
3	470	Nate Patterson	22:54.01	7:23	14	Cape Elizabeth
4	488	Sebastian Moon	22:59.52	7:25	14	Cape Elizabeth
5	484	Will Clancy	23:02.03	7:26	13	Cape Elizabeth
6	324	Dimitri Coupe	23:22.60	7:32	14	Cape Elizabeth
7	327	Philip Coupe	23:24.52	7:33	14	Cape Elizabeth
8	332	Antonio DellAquila	24:53.73	8:02	14	Cape Elizabeth
9	483	Luke Mello	25:29.65	8:13	14	Portland

Female 13 - 14

Place	Bib #	Name	Finish	Pace	Age	City
1	310	Lydia Branson	23:51.69	7:42	14	Cape Elizabeth
2	342	Ainsley Fremont	25:55.69	8:22	13	Cape Elizabeth
3	449	Zoe Dinnerstein	30:05.43	9:42	13	Cape Elizabeth
4	371	Maddie McEvoy	32:55.11	10:37	13	Cape Elizabeth
5	467	Lindley Hinit	32:55.20	10:37	13	Cape Elizabeth
6	493	Laura Clark	32:55.22	10:37	13	Cape Elizabeth
7	480	Brooke Mahoney	32:55.23	10:37	13	Cape Elizabeth
8	479	Hadley Mahoney	32:55.27	10:37	13	Cape Elizabeth
9	410	Scarlett Strunk	43:30.85	14:02	13	Cape Elizabeth
10	454	Mimi McEvoy	43:46.48	14:07	13	Cape Elizabeth

Male 15 - 16

Place	Bib #	Name	Finish	Pace	Age	City
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1	391	Ricky Perruzzi	17:25.42	5:37	16	Cape Elizabeth
2	448	Isaac Dinnerstein	19:47.88	6:23	16	Cape Elizabeth
3	418	Tommy Villiotte	21:06.92	6:48	15	Cape Elizabeth
4	323	Otto Cook-Sharp	23:02.36	7:26	15	Cape Elizabeth
5	374	Keegan McKenney	24:20.28	7:51	15	Cape Elizabeth
6	469	Quinn Gordon	26:09.58	8:26	15	Cape Elizabeth

Female 15 - 16

Place	Bib #	Name	Finish	Pace	Age	City
1	325	Nicoletta Coupe	22:54.00	7:23	16	Cape Elizabeth
2	382	Eva Morris	23:47.05	7:40	15	Cape Elizabeth
3	390	Dylan Palmore	30:41.33	9:54	15	Cape Elizabeth

Male 17 - 18

Place	Bib #	Name	Finish	Pace	Age	City
1	438	David Hare	23:34.41	7:36	18	Cape Elizabeth

Female 17 - 18

Place	Bib #	Name	Finish	Pace	Age	City
1	76	Abbey Charles	27:25.74	8:51	18	Cape Elizabeth
2	322	Emma Clarke	28:49.43	9:18	17	Cape Elizabeth

Male 19 - 29

Place	Bib #	Name	Finish	Pace	Age	City
1	392	Charles Piper	19:56.42	6:26	19	Scarborough
2	434	Charles Jones	21:15.74	6:51	22	Cape Elizabeth
3	360	Nicholas Keith	23:22.41	7:32	29	Portland
4	463	Jacob Rutt	25:06.42	8:06	28	Saco

Female 19 - 29

Place	Bib #	Name	Finish	Pace	Age	City
1	464	Danielle Rutt	28:05.86	9:04	26	Saco
2	370	Virginia McDermott	30:07.28	9:43	27	Cape Elizabeth
3	416	Molly Vashon	33:45.48	10:53	29	Topsham
4	339	Kelly Fernandez	42:11.21	13:36	24	Queens NY

Male 30 - 39

Place	Bib #	Name	Finish	Pace	Age	City
1	485	Tim Stickney	18:22.86	5:55	37	South Portland
2	354	Peter Herzog	20:24.02	6:35	39	Scarborough
3	307	Shawn Boucher	27:47.56	8:58	33	Cape Elizabeth
4	400	Jonathan Sahrbeck	27:51.20	8:59	39	Cape Elizabeth
5	321	Joshua Charpentier	30:12.98	9:45	35	Cape Elizabeth
6	396	Matthew Provencal	30:20.59	9:47	36	Saco
7	352	Sean Hanson	32:33.17	10:30	38	Cape Elizabeth

Female 30 - 39

Place	Bib #	Name	Finish	Pace	Age	City
1	333	Laura DeNino	21:32.41	6:57	38	Cape Elizabeth
2	456	Jennifer Grymek	22:10.31	7:09	39	Cape Elizabeth
3	309	Kate Brandeis	24:08.57	7:47	39	Cape Elizabeth
4	368	Lindsay Marlow	24:12.56	7:48	36	Cape Elizabeth

5	478	Martha Girouard	24:19.20	7:51	35	Cape Elizabeth
6	340	Laura Fourre	24:34.94	7:55	35	Cape Elizabeth
7	447	Maureen Sezch	28:00.32	9:02	35	Cape Elizabeth
8	473	Monica Eguren	28:09.19	9:05	37	Cape Elizabeth
9	348	Jaime Green	28:10.48	9:05	36	Cape Elizabeth
10	320	Erika Charpentier	28:11.68	9:05	33	Cape Elizabeth
11	455	Kristin Racine	28:38.49	9:14	34	Cape Elizabeth
12	411	Carrie Tasker	29:29.22	9:31	39	Cape Elizabeth
13	421	Sarah Whitmore	30:08.00	9:43	31	Cape Elizabeth
14	395	Jenilee Provencal	30:18.86	9:46	36	Saco
15	420	Lauren Wendell	34:34.75	11:09	38	Cape Elizabeth
16	338	Renee Fallon	34:52.46	11:15	38	Cape Elizabeth
17	415	Jackie Vail	35:09.25	11:20	33	Old Orchard Bea
18	315	Catherine Bursk	38:17.08	12:21	39	South Portland
19	476	Danielle Lyons	41:54.97	13:31	36	Cape Elizabeth

Male 40 - 49

Place	Bib #	Name	Finish	Pace	Age	City
1	466	Ryan McCalmon	17:06.41	5:31	43	Cape Elizabeth
2	452	Ian Nurse	17:12.82	5:33	41	Brookline MA
3	375	David McVeigh	20:13.86	6:31	45	Cape Elizabeth
4	419	Philip Walsh	20:16.12	6:32	47	Cape Elizabeth
5	459	Nathaniel Flick	20:17.11	6:33	41	Cape Elizabeth
6	407	Mat Soch	24:33.61	7:55	41	Cape Elizabeth
7	462	Robert Vettese	25:31.10	8:14	44	Cape Elizabeth
8	402	Philip Saucier	25:33.81	8:15	42	Cape Elizabeth
9	347	Jamie Garvin	26:06.13	8:25	43	Cape Elizabeth
10	355	Joe Hetrick	26:14.02	8:28	48	Cape Elizabeth
11	362	Matthew Kuhrt	26:40.47	8:36	44	Cape Elizabeth
12	409	Ezra Steinberg	26:43.98	8:37	40	Cape Elizabeth
13	387	Ronnie Northup	27:06.39	8:45	49	Cape Elizabeth
14	308	Mark Boyer	27:50.93	8:59	44	Cape Elizabeth
15	312	Chip Brewer	28:05.95	9:04	48	Cape Elizabeth
16	380	Mike Morel	28:25.18	9:10	42	Cape Elizabeth
17	318	Jonathan Chang	28:48.75	9:17	41	Cape Elizabeth
18	345	Oliver Fremont	31:32.32	10:10	47	Cape Elizabeth
19	336	Ian Doyle	31:53.56	10:17	40	Cape Elizabeth
20	413	Chris Tullmann	33:19.30	10:45	43	Cape Elizabeth
21	435	Rick Servido	34:40.11	11:11	44	Cape Elizabeth
22	394	Tim Proctor	34:53.57	11:15	44	Cape Elizabeth
23	453	Chris Kleeman	35:04.01	11:19	46	Cape Elizabeth

Female 40 - 49

Place	Bib #	Name	Finish	Pace	Age	City
1	458	Margaret Angell	22:33.80	7:16	42	Cape Elizabeth
2	378	Jen Mitchell	22:57.45	7:24	40	Cape Elizabeth
3	474	Kate Gillman	22:57.46	7:24	40	Cape Elizabeth
4	450	Mackenzi Howard	23:33.32	7:36	40	Falmouth
5	319	Mindy Charles	23:47.99	7:40	42	Cape Elizabeth
6	358	Gretchen Johnson	25:51.96	8:20	47	Cape Elizabeth
7	366	Neeburbunn Lewis	26:05.43	8:25	41	Cape Elizabeth
8	433	Valerie Levanos	27:08.81	8:45	44	Cape Elizabeth
9	361	Kate Kuhrt	27:08.94	8:45	45	Cape Elizabeth
10	314	Becky Brosnan	27:20.03	8:49	40	Cape Elizabeth
11	373	Jennifer McKenney	27:49.35	8:58	45	Cape Elizabeth
12	417	Janet Villiotte	27:49.36	8:58	47	Cape Elizabeth
13	422	Diane Woods	29:34.30	9:32	49	Cape Elizabeth

14	404	Tessy Seward	30:23.85	9:48	44	Cape Elizabeth
15	429	Kristen Matzkin	30:27.87	9:49	46	Cape Elizabeth
16	329	Jamyn Dawes	30:33.42	9:51	40	Cape Elizabeth
17	335	Gena Doyle	31:53.48	10:17	41	Cape Elizabeth
18	344	Kerriann Fremont	31:57.70	10:18	41	Cape Elizabeth
19	432	Amanda Lean	33:11.90	10:42	41	Cape Elizabeth
20	412	Paige Teller	33:18.94	10:45	43	Cape Elizabeth
21	494	Amanda Szala	33:26.21	10:47	43	Freeport
22	441	Kelly Raffaele	34:34.56	11:09	43	Cape Elizabeth
23	477	Marcia Backman	34:34.83	11:09	48	Cape Elizabeth
24	475	Andrea Carr	34:44.28	11:12	40	Cape Elizabeth
25	367	Na Liu	35:36.82	11:29	46	Cape Elizabeth
26	398	Rebecca Sahlin	40:19.73	13:00	42	Cape Elizabeth

Male 50 - 59

Place	Bib #	Name	Finish	Pace	Age	City
1	389	Bill Palmore	19:35.89	6:19	52	Cape Elizabeth
2	471	Michael Gordon	21:27.89	6:55	57	Cape Elizabeth
3	443	Chris Whitney	21:51.38	7:03	51	Cape Elizabeth
4	439	Mark Hare	22:41.22	7:19	53	Cape Elizabeth
5	326	Phil Coupe	23:15.89	7:30	51	Cape Elizabeth
6	495	Eric Kruger	24:04.37	7:46	53	Cape Elizabeth
7	311	Gil Brennan	24:51.48	8:01	53	Cape Elizabeth
8	460	Jon Denham	25:09.56	8:07	55	New York NY
9	437	Paul Roberts	25:44.73	8:18	50	Cape Elizabeth
10	428	John Frost	25:49.50	8:20	55	Cape Elizabeth
11	468	Chris Harnois	26:28.91	8:32	53	Portland
12	359	Richard Johnson	26:34.68	8:34	52	Cape Elizabeth
13	440	Joe Doane	27:31.48	8:53	58	Cape Elizabeth
14	446	David Steinbrick	27:36.26	8:54	56	Cape Elizabeth
15	487	Pete Clifford	27:42.52	8:56	54	South Portland
16	431	Jeff Whynot	28:29.50	9:11	55	Cape Elizabeth

Female 50 - 59

Place	Bib #	Name	Finish	Pace	Age	City
1	482	Kim Demado	24:10.98	7:48	57	Portland
2	356	Carol Hubbard	26:08.46	8:26	55	Cape Elizabeth
3	379	Irene Moon	30:02.99	9:41	51	Cape Elizabeth
4	328	Vanessa Davy	31:45.61	10:15	58	Cape Elizabeth
5	403	Pamela Schubert-Gilb	33:21.77	10:45	51	Cape Elizabeth

Female 60 - 69

Place	Bib #	Name	Finish	Pace	Age	City
1	384	Mary Nanartowich	34:29.17	11:07	60	Cape Elizabeth
2	472	Lori Rothman	34:50.24	11:14	65	Scarborough

Male 70 and Above

Place	Bib #	Name	Finish	Pace	Age	City
1	306	Peter Bennett	33:09.59	10:42	70	Cape Elizabeth